

Gloria Dykstra, MA, LMHC  
206-399-5422

Dykstra Counseling, LLC  
2207 NE 65<sup>th</sup> Street  
Seattle, WA 98115

### Authorization For Release of Information

Client's Name: \_\_\_\_\_  
Birthdate: \_\_\_\_\_

**This will authorize:**

Name of person or organization: \_\_\_\_\_

Phone: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**To release to:**

Name of person or organization: \_\_\_\_\_

Phone: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**The following information (check one):**

Medical records/information \_\_\_\_\_  
Counseling records/information \_\_\_\_\_  
Academic records/information \_\_\_\_\_

Only the following information: (specify dates of service or conditions)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**For the purpose of:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**AUTHORIZATION:** I certify that this request was made voluntarily and that the information given is accurate to the best of my knowledge. I understand that I may revoke this authorization at any time by notifying either of the above listed parties. I understand any request for revocation will not have any effect on any actions taken prior to its submission. I understand that if the entity authorized to receive the information is not a health plan or healthcare provider, the released information may not be protected by federal privacy regulations. This authorization will expire one year from the date of signature unless otherwise stated.

\_\_\_\_\_  
**Signature of client/patient or legal representative**

\_\_\_\_\_  
**Date**